

# RUSSELL R. ROTHENBERG, M.D.

## CURRICULUM VITA

The Camalier Building  
10215 Fernwood Road, Suite 401  
Bethesda, Maryland 20817-1106  
Telephone: 301-571-2273  
Fax: 301-571-0894

AWARDS: Top Doctors in Washington, DC, Washingtonian Magazine, over 30 years  
Achievement Award, National Fibromyalgia Partnership, 1992  
Achievement Award, Arthritis Foundation of Greater Washington, 1990  
Recipient of the Fellowship Award for Research, the Marsha Weinstein Chapter Lupus  
Foundation, 1981-2.

### PROFESSIONAL

ORGANIZATIONS: Rheumatism Society of DC, 1983-present, President 2012-13  
MED CHI (Maryland Medical Society)  
Montgomery County Medical Society  
American College of Rheumatology, Diplomat  
Arthritis Foundation of Greater Washington, Chairman and Founder, Dial a Doctor,  
Chairman, Answers Day  
District of Columbia Medical Society, Past Chairman Rheumatology Section  
Jacobi Society, Past President  
National Fibromyalgia Partnership, Medical Advisory Board, Chairman, 1993-present  
Lupus Foundation of Greater Washington, Medical Advisory Board, Past Chairman

PHYSICIAN NETWORK: Capital Physicians Network, Vice President, 1996-2000, Secretary 1995-6,  
Chairman, Credentials Committee, 1995-2000

### PUBLICATIONS:

Rothenberg, Russell, "Fibromyalgia: Pathophysiology & Treatment, A Guide for Patients and Physicians,"  
Fibromyalgia Frontiers, Volume 18, No 1, 2010, pp. 5 -12

Rothenberg, Russell, "Fibromyalgia Documentation & Treatment- A Guide for Primary Care Professionals,"  
Fibromyalgia Frontiers, Volume 15, Number 1, 2007, pp. 11-16.

Rothenberg, Russell, "Cymbalta and Lyrica: New Medications for Pain. Are They More Effective for  
Fibromyalgia Patients?" Fibromyalgia Frontiers, Volume 14, Number 3, 2006, pp. 3-4

Katz, Warren A. and Rothenberg, Russell, "Dialogues in Rheumatology: Reconsidering Pain Management for  
Patients with Rheumatic Diseases and the Role of Atypical Opioids," Journal of Clinical Rheumatology,  
Volume 11, Number 2, April 2005 Supplement, pp. S1-S33

"Fibromyalgia, Achin' All Over," Washington Post, Health Section, July 25, 2000. I was the physician featured  
in the interview.

Rothenberg, Russell "A Look at Fibromyalgia Syndrome: Where We Are; Where We're Going!" Fibromyalgia  
Frontiers, January/February 1999, pp. 1-4

Rothenberg, Russell, "Ultram, a Unique New Drug," Fibromyalgia Frontiers, Fall 1995, pp. 2-3

Rothenberg, Russell, "A Comprehensive Care Approach to the Treatment of Fibromyalgia," Fibromyalgia Frontiers, Fall 1993, pp. 1-3

The Handbook of Nursing Physical Assessment, Aspen Publishers, 1988, Russell Rothenberg, MD, medical editor

Rothenberg, Russell and George Herman, "Use of Tomography in the Early Diagnosis of Septic Arthritis of the Sternoclavicular Joint," The Mount Sinai Journal, 1983.

Rothenberg, Russell and Harry Spiera, "Early Myocardial Infarction in Patients with Systemic Lupus," American College of Rheumatology 1983 Annual Meeting Poster Session

STUDIES: Research participant in Fibromyalgia study: "Local and International Patterns of Abuse in Fibromyalgia and Rheumatoid Arthritis," Dr. Brian Walitt, et.al. 2013-14  
Research participant in new diagnostic criteria and measurement of Symptom Severity in Fibromyalgia, Dr. Fred Wolfe, et.al. 2010

LECTURES: **Suburban Hospital Medical Grand Rounds**, "Fibromyalgia - Current Concepts and Pathophysiology as a Chronic Pain Disorder" June 6, 2014  
**Suburban Hospital Medical Grand Rounds**, "What the Non-Rheumatologist Needs to Know about Joint Pain and Rheumatic Disease" September 9, 2011  
**The George Washington University Medical Center Department of Rheumatology Series**, "Fibromyalgia Syndrome: Pathophysiology and Current Treatments," November 2009  
**Suburban Hospital Medical Grand Rounds**, "Fibromyalgia Syndrome, Pathophysiology and Current Treatments," January 23, 2009.  
**Pri-Med Rheumatology CME Lecture**, Covington E and Rothenberg R., "Managing Fibromyalgia: Advances and Future Direction," St. Louis, Mo, December 6, 2007.  
**Rheumatology Grand Rounds, The George Washington University Medical Center**, "Fibromyalgia, Documentation and Treatment," April 2007.  
**Mid-Atlantic Conference on Fibromyalgia Treatment in Association with NIAMS at NIH**, September 1996, Moderator and Speaker, "An Overview of Fibromyalgia."  
**Medical Grand Rounds at National Rehabilitation Hospital**, February 2000, "Assessment and Treatment of Chronic Pain Patients"  
**Medical Grand Rounds at Montgomery General Hospital**, June 1997, "Diagnosis and Treatment of Fibromyalgia"  
**Medical Grand Rounds at Kaiser Permanente**, Woodbridge, VA, April 1997, "Diagnosis and Treatment of Fibromyalgia"  
**Medical Grand Rounds at Arlington Hospital** May 1995, "Fibromyalgia Syndrome"  
May 1997, "Assessment and Treatment of Achy, Fatigued Patients"  
**Medical Grand Rounds at Montgomery General Hospital**, June 1997, "Diagnosis and Treatment of Fibromyalgia"  
**Medical Grand Rounds at Kaiser Permanente**, Woodbridge, VA, April 1997, "Diagnosis and Treatment of Fibromyalgia" May 1997, "Assessment and Treatment of Achy, Fatigued Patients"

**Lupus Foundation of Greater Washington Symposia**, October 1996, moderator of Alternative Therapies Program, October 2000, “Diseases that Mimics SLE: Sjogren’s Syndrome and Fibromyalgia Syndrome”

**Arthritis Foundations of Maryland Symposia on Fibromyalgia**, October 1995, “Managing Fibromyalgia” ,October 1997, Key Note Speaker, “New Understanding of Fibromyalgia” October 1998, Key Note Speaker, “Fibromyalgia, New Advances, Now and in the Future”, November 2000, Key Note Speaker, “Fibromyalgia Syndrome”

**Regional Meetings of the American Podiatry Association**, 2000, New York City, Chicago and Anaheim, “New Advances in Rheumatic Diseases”

**National Meeting of the Podiatry Association**, 1994, San Francisco, “An Overview of Rheumatic Disease”

**Medical Grand Rounds at Sibley Memorial Hospital** June 1993, “ANA Negative Lupus”, June 1994, “Reflex Sympathetic Dystrophy”, June 1995, “Atypical Presentations of Fibromyalgia”

AUDIO-VIDEO TAPE: “Musculoskeletal Dysfunction of the Head and Neck” (CME Program for the George Washington University Medical Center)

COMMITTEES: Medical Faculty Physicians/Hospitalists Quality Assurance Committee, Suburban Hospital, 2016 - present  
Professional Standards Committee of the District of Columbia Medical Society, 2000-6  
Ethics Committee of the George Washington University Hospital, 2001-5

EDUCATION: State University of N.Y. at Binghamton, B.A. 1971  
Albany Medical College, Albany, N.Y., M.D. 1977

INTERNSHIP: Internal Medicine, 1977-8, Long Island Jewish Medical Center, New Hyde Park, N.Y.

RESIDENCY: Internal Medicine, 1978-80, Long Island Jewish Medical Center, New Hyde Park, N.Y.

FELLOWSHIP: Rheumatology, 1980-2, the Mount Sinai Medical Center, NYC, N.Y.

PROFESSIONAL

BOARDS: Internal Medicine, 1980 to present.  
Rheumatology, 1982 to present.

HOSPITAL Suburban Hospital- Active Consulting Medical Staff

AFFILIATION: The George Washington University, School of Medicine and Health Sciences, Department of Medicine, Washington, D.C., Associate Clinical Professor of Medicine 1982- present.

LICENSURE: Maryland and District of Columbia