

# **RUSSELL R. ROTHENBERG, M.D., Chtd.**

## **CURRICULUM VITA**

The Camalier Building  
10215 Fernwood Road, Suite 401  
Bethesda, Maryland 20817-1106  
Telephone: 301-571-2273  
Fax: 301-571-0894  
www.RussellRothenbergMD.com

### **MEDICAL**

#### **PRACTICE:**

Russell Rothenberg, MD, Chartered  
10215 Fernwood Road, Suite 401  
Bethesda, Maryland 20817-1106  
2008 – present

Medical Associates of DC, Chartered  
2141 K. Street, N.W. #606  
Washington, D.C. 20037  
1982 - 2008

### **PROFESSIONAL**

#### **BOARDS:**

Internal Medicine, 1980 to present.  
Rheumatology, 1982 to present.

### **HOSPITAL**

#### **AFFILIATION:**

Suburban Hospital- Active Consulting Rheumatology, Medical Staff

### **LICENSURE:**

Maryland and District of Columbia

### **COMMITTEES:**

Quality Assurance Committee, Suburban Hospital, 2016 - present  
Professional Standards Committee of the District of Columbia Medical Society, 2000-2006  
Ethics Committee of George Washington University Hospital, 2001-5

### **LECTURES:**

- Arthritis United Conference- Arlington VA “**Dr. Rothenberg- A Rheumatologist’s Strategy for Managing Pain and Fatigue.**” March 10, 2018
- Suburban Hospital Medical Grand Rounds, “**Fibromyalgia - Current Concepts and Pathophysiology as a Chronic Pain Disorder**” June 6, 2014
- Suburban Hospital Medical Grand Rounds, “**What the Non-Rheumatologist Needs to Know about Joint Pain and Rheumatic Disease**” September 9, 2011
- The George Washington University Medical Center Department of Rheumatology Series, “**Fibromyalgia Syndrome: Pathophysiology and Current Treatments,**”
- Suburban Hospital Medical Grand Rounds, “**Fibromyalgia Syndrome, Pathophysiology and Current Treatments,**”
- Pri-Med Rheumatology CME Lecture, “**Managing Fibromyalgia: Advances and Future Direction,**” St. Louis, Mo.

- Rheumatology Grand Rounds, The George Washington University Medical Center, **“Fibromyalgia, Documentation and Treatment,”**
- Mid-Atlantic Conference on Fibromyalgia Treatment in Association with NIAMS at NIH, Moderator and Speaker, **“An Overview of Fibromyalgia.”**
- Medical Grand Rounds at National Rehabilitation Hospital, **“Assessment and Treatment of Chronic Pain Patients”**
- Medical Grand Rounds at Montgomery General Hospital **“Diagnosis and Treatment of Fibromyalgia”**
- Medical Grand Rounds at Kaiser Permanente, Woodbridge, VA, **“Diagnosis and Treatment of Fibromyalgia”**
- Medical Grand Rounds at Arlington Hospital, **“Fibromyalgia Syndrome”, “Assessment and Treatment of Achy, Fatigued Patients”**
- Medical Grand Rounds at Montgomery General Hospital, **“Diagnosis and Treatment of Fibromyalgia”**
- Medical Grand Rounds at Kaiser Permanente, Woodbridge, VA, **“Diagnosis and Treatment of Fibromyalgia”, “Assessment and Treatment of Achy, Fatigued Patients”**
- Lupus Foundation of Greater Washington Symposia, moderator of Alternative Therapies Program, **“Diseases that Mimics SLE: Sjogren’s Syndrome and Fibromyalgia Syndrome”**
- Arthritis Foundations of Maryland Symposia on Fibromyalgia, **“Managing Fibromyalgia”, Key Note Speaker, “New Understanding of Fibromyalgia”, Key Note Speaker, “Fibromyalgia, New Advances, Now and in the Future”, Key Note Speaker, “Fibromyalgia Syndrome”**
- Regional Meetings of the American Podiatry Association, New York City, Chicago and Anaheim, **“New Advances in Rheumatic Diseases”**
- National Meeting of the American Podiatry Association, San Francisco, **“An Overview of Rheumatic Disease”**
- Medical Grand Rounds at Sibley Memorial Hospital, **“ANA Negative Lupus”, “Reflex Sympathetic Dystrophy”, “Atypical Presentations of Fibromyalgia”**
- **“Musculoskeletal Dysfunction of the Head and Neck”** (CME Program for The George Washington University Medical Center)

## **PUBLICATIONS:**

**“Fibromyalgia: Pathophysiology & Treatment, A Guide for Patients and Physicians”** Fibromyalgia Frontiers, 2010

**“Fibromyalgia Documentation & Treatment- A Guide for Primary Care Professionals”** Fibromyalgia Frontiers, 2007

**“Cymbalta and Lyrica: New Medications for Pain. Are They More Effective for Fibromyalgia Patients?”** Fibromyalgia Frontiers, 2006

**“Dialogues in Rheumatology: Reconsidering Pain Management for Patients with Rheumatic Diseases and the Role of Atypical Opioids”** Journal of Clinical Rheumatology

“**Fibromyalgia, Achin’ All Over**” Washington Post, Health Section. I was the physician featured in the interview.

“**A Look at Fibromyalgia Syndrome: Where We Are; Where We’re Going!**” Fibromyalgia Frontiers

“**Ultram, a Unique New Drug,**” Fibromyalgia Frontiers

“**A Comprehensive Care Approach to the Treatment of Fibromyalgia,**” Fibromyalgia Frontiers

The Handbook of Nursing Physical Assessment, Aspen Publishers, Medical Editor

“**Use of Tomography in the Early Diagnosis of Septic Arthritis of the Sternoclavicular Joint**” The Mount Sinai Journal

“**Early Myocardial Infarction in Patients with Systemic Lupus,**” American College of Rheumatology Annual Meeting Poster Session

**STUDIES:** Research participant in Fibromyalgia study: “**Local and International Patterns of Abuse in Fibromyalgia and Rheumatoid Arthritis,**” 2013-14  
Research participant in new diagnostic criteria and measurement of Symptom Severity in Fibromyalgia, 2010

**AWARDS:** Top Doctors in Washington, D.C., Washingtonian Magazine, over 30 years  
Achievement Award, Fibromyalgia Association of Greater Washington  
Achievement Award, Arthritis Foundation of Greater Washington  
Recipient of the Fellowship Award for Research, the Marsha Weinstein Chapter Lupus Foundation

**PROFESSIONAL**

**ORGANIZATIONS:** Rheumatism Society of DC, 1983-present, President  
American College of Rheumatology, Diplomat  
Washington Bone Club  
D.C. Lupus Consortium- sponsored by NIAMS/NIH  
Arthritis Foundation of Greater Washington  
Jacobi Society, Past President  
National Fibromyalgia Partnership, Medical Advisory Board, Chairman, 1993-present  
Lupus Foundation of Greater Washington, Medical Advisory Board, Past Chairman

**PHYSICIAN NETWORK:** Capital Physicians Network, Vice President, Secretary,  
Chairman, Credentials Committee

**EDUCATION:** State University of N.Y. at Binghamton, B.A. 1971  
Albany Medical College, Albany, N.Y., M.D. 1977

**INTERNSHIP:** Internal Medicine, 1977-8, Long Island Jewish Medical Center, New Hyde Park, N.Y.  
**RESIDENCY:** Internal Medicine, 1978-80, Long Island Jewish Medical Center, New Hyde Park, N.Y.  
**FELLOWSHIP:** Rheumatology, 1980-2, the Mount Sinai Medical Center, NYC, N.Y.